

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Minutes 3-20-18

In Attendance: Traci Colley, Wendy Duemmler, Kathie Fenner, Dennis Joyner, Denise Lamar, Wendy Nielsen, Lucinda Ourant, Ashton Petty, Sallie Roberts, Christine Skrutowski, Mark Strickland, Blaire Traywick, Janie Webb.

Business:

- 4:01 pm- meeting opened on 3-20-18.
- Minutes from meeting on 11-14-17 presented and approved.
- Wendy Nielsen, School Nurse Supervisor, discussed the upcoming program and training called STOP THE BLEED. It is being coordinated by Novant Health.

The cost of the multi-casualty kits for all 53 school locations is \$34,450.00 (\$650.00 per kit X 53 schools). The money is being managed/distributed by the Novant Health Foundation but is provided by a donation from the James R. Braswell and Bonnie L. Braswell Trust. These funds are specifically earmarked for community health and safety improvement for Union County residents.

Training will include: School Nurses on April 19, Athletic Trainers in May, and then emergency response team members, teachers, students, and parents on bleeding control techniques. All training will be FREE to participants and coordinated by the Trauma department at Novant Health Presbyterian Hospital. The goal is to provide training to over 6000 citizens of Union County between now and the end of 2018.

- Blaire Traywick, District Administrator for Arts and Humanities, discussed the reproduction curriculum for all levels. Middle/High school health teachers and nurse are meeting next week to discuss updating resources. Reproduction health education and all DVD's must be reviewed and approved by the curriculum committee, then the Board of Education. It may take a year or more to get approved but it is moving in the right direction.
- SHAC started with 3 goals for the 17-18 school year. GOAL #1: Expand community awareness regarding opiates and heroin.

Christine Skrutowski, School Nurse Supervisor, discussed updates on the Safe Schools Initiative Program. The advertisement has changed and believed to have helped increase turnout at the events since it now states "...a meeting to discuss the opioid and heroin crisis in our community." Weddington High School had approximately 200 people and Parkwood High had 150. The next programs scheduled include Forest Hills High School on April 10th, and Porter Ridge High School on May 17.

Lucinda Ourant, School Nurse at Marvin Ridge High, reviewed the 10th grade student surveys from the 16-17 school year. The survey includes student perception of alcohol, tobacco, and drug use among peers at school. Results for question "I have witnessed other students possessing or using illegal drugs on school grounds" included a range of 14 to 38.6 percent. Results for question, "Drugs are a problem in my school" ranged

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from 15 – 44.6. Results for question “I have a positive relationship with at least one of my teachers” ranged from 78 – 95.2 percent. The value of the surveys is that each school could use their individual data to develop strategies specific to their school culture. A suggestion is to add a question in the survey about electronic nicotine devices and vaping since this is a current issue in the schools.

Mecklenburg County Health Department and the Triangulum is sponsoring a program “Train the Trainer on Youth Vaping and Emerging Tobacco Products.” Those attending will gain an understanding of the co-mingling of tobacco, electronic nicotine devices and drugs and how they are impacting today’s youth. All are invited to attend.

A group of UCPS School Nurses are collaborating to make Power Point presentations to help educate staff about youth drug trends seen in our county.

- Mark Strickland, Ass’t Superintendent of Administration and Operations, met with concerned parents at an elementary school to discuss school lunch nutrition. School Nutrition prepares “from scratch” meals and follows all federally mandated guidelines.

Reviewed food as a reward or incentive for student behavior. It was discussed with the elementary Principals that the agreement between DPI and the federal government is that food may not be used to discipline or punish, nor reward a student. Teachers cannot say no to buying snacks in the cafeteria. Only the parent may say they do not want their child to have snacks.

Dr. Houlihan has shared that school safety is a priority and will go one step further by addressing the needs of the county in regards to social and emotional health. He hopes to add additional staff.

- Introduction of Dennis Joyner, the new Union County Health Director.
- DISCUSSION- Reviewed Goals 2 and 3 for the 17-18 school year.

GOAL 2: Continue efforts to have UCPS promote and utilize the Whole School, Whole Community, Whole Child (WSWCWC) as adopted by the NC State Board of Education last year. Need support from upper administration to adopt in order to achieve this goal.

GOAL 3: Create a Youth Board of Health to get involved in wellness, health promotion, and incorporate the WSWCWC model. Jackie Morgan created the plan, and has left SHAC due to a job realignment so progress has stopped.

New goals will be discussed for the 18-19 school year at our next meeting on May 15th.

A new Chair Person is needed as Jackie Morgan left. Needed on the committee: a parent, and a Principal. Additional suggestions for the committee is a Mental Health Representative, Social Worker, Guidance Counselor, and Hospital Representative.

- Meeting adjourned at 5:00 pm